

Investing for retirement may not be at the top of your to-do list, but you might want to start thinking about it today. Most people need to contribute more than they think — often a lot more — to cover healthcare costs, leisure activities, and everyday expenses in retirement. The good news? It's never too late to start. And here's how.

HOW MUCH IS ENOUGH?

Many financial professionals often say you'll need at least 80% of your preretirement income — each year in retirement. Based on today's average life expectancy, you may need retirement income for 25 years or more.

Even with Social Security and possible pension benefits from your employer, the majority of your retirement income will likely come from your own savings and investments. It's critical you do as much as you can now to invest in your future.

TAKE ADVANTAGE OF YOUR WORKPLACE RETIREMENT PLAN

One of the smartest and easiest ways to put money aside for the future is to contribute to your workplace retirement plan. Your plan offers three key advantages:

- 1. **Automatic contributions** Your contributions are deducted directly from your pay. One less thing you have to do.
- 2. **Pretax contributions** Your contributions are deducted from your pay before federal taxes, which reduces your current taxable income.
- 3. **Tax-deferred growth** The money in your account can potentially grow free from taxes until you withdraw it. You don't have to pay taxes each year on your contributions or earnings, so you can keep that money in your account to continue compounding.

THE POWER OF STARTING EARLY

Time can be a powerful tool when it comes to investing in your future. The sooner you start investing for retirement, the better your chances of reaching your long-term goals.

MAXIMIZE YOUR MATCH

One of the most important features of your retirement plan is your employer's matching contribution. Archdiocese of St. Paul and Mi provides a matching contribution of 100% on the first 3% that you contribute to the plan. If you are contributing less than 3%, consider increasing your contribution to at least 3% to get the maximum matching contribution.

Matching contributions are subject to plan vesting requirements. Descriptions of plan features and benefits are subject to the plan document, which will govern in the event of any inconsistencies.

KEEP RAISING THE BAR

Many financial professionals recommend saving at least 10% to 15% of your pay for retirement. Begin by contributing enough to receive your employer's matching contribution, if they offer one, then consider gradually raising your contribution amount to 10% or higher. Once you hit one target, move on to the next.

CONTRIBUTE MORE FOR RETIREMENT, AUTOMATICALLY.

Bring on retirement. You can be ready. Transamerica's auto-increase service allows you to make automatic, annual increases to your plan contribution rate. And those small, regular raises? They can make a big difference over time.

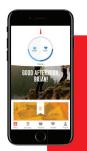
To sign up, click Manage > Contributions. You can opt out of auto increase any time, at transamerica.com/portal/home.

You should evaluate if you should continue the auto-increase service in the event of a prolonged market decline, unexpected expenses, or an unforeseeable emergency.

START TODAY

Get information and enroll in your plan at transamerica.com/portal/home, or call 800-755-5801.

TRACK YOUR FINANCES LIKE YOU TRACK YOUR STEPS



Transamerica app

This app is a **retirement planning tool** to manage your retirement plan account, no matter where you are.



DOWNLOAD THE TRANSAMERICA APP TO PUT YOUR WEALTH AND YOUR HEALTH IN THE PALM OF YOUR HAND.





Think ahead. Take action now.

Need help with your retirement strategy?



Visit: transamerica.com/portal/home

This material was prepared for general distribution. It is being provided for informational purposes only and should not be viewed as an investment recommendation. If you need advice regarding your particular investment needs, contact your financial professional.

Transamerica Retirement Solutions (TRS) is affiliated with Massachusetts Fidelity Trust Company (MFTC) through which TRS provides certain investment education services to plan participants and other administrative services on behalf of the plan. MFTC is an lowa trust company with its principal office located at 6400 C St. SW Cedar Rapids, IA 52499. All Transamerica companies identified are affiliated, but are not affiliated with your employer.

