



Are you concerned about the elderly who have not been able to fully practice their faith due to Covid-19?



Access to clergy and the sacraments is critical to the well-being of all Catholics.



**Sacraments
FOR SENIORS**

SACRAMENTS FOR SENIORS

is a committee of Catholic lay persons who want to advocate for Catholic residents living in long term care facilities to help them gain access to Clergy and receive the Sacraments of Anointing of the Sick, the Holy Eucharist and Reconciliation.

Benefits of the Sacraments

Through the Mass and the Sacraments, Catholics receive sanctifying grace which comes from Jesus Christ to comfort, heal, and sanctify.



Closer union with Jesus



Well-spring of graces



Connection with the living body of Christ - the Church



Happiness/mental health is better



Offsets effects of isolation and depression

SPIRITUAL PRACTICE AND PASTORAL VISITS CAN BE DONE SAFELY!

HOW CAN YOU HELP?

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| Encourage Clergy to offer in-house Mass or religious services. | Request open door policy for Clergy and pastoral care |
| Invite Church members to visit and pray with residents. | Collaborate with facility admins to allow pastoral visits. |

If you have questions or would like more information, please contact us at [**sacramentsforseniors@protonmail.com**](mailto:sacramentsforseniors@protonmail.com)