

# Safely returning to

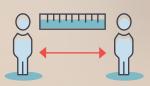
# Communion

Please follow these guidelines for all to safely receive the Sacrament



### **Sanitize**

Apply hand sanitizer before getting in the Communion line



#### Maintain Social Distance

Approach the Communion station keeping 6 feet from all others



## Keep your mask on

- Approach the minister wearing your mask
- Extend both hands, palms up, far in front of you
- Keep your mask on and reply "Amen" when the minister says, "Body of Christ"



# Receive host in the palms of your hands

- Remain still as the minister places the Host in your hand
- Step 6 feet to the side, remove the mask, consume the Host, and replace the mask



## Depart using a designated exit

Please remember to maintain a social distance