

Office of Marriage, Family & Life

NATURAL FAMILY PLANNING

GIFT TO BE TREASURED

2024 Quarterly Class Schedule

CLASS LOCATION

PROVIDER ~ METHOD

REGISTER

CLAS	5 LOCATION	PROVIDER ~ METHOD	REGISTER
April 2	St. Michael, St. Michael	Billings Ovulation Method ~ Ovulation	320.248.5892
April 7	Live & Online	Couple to Couple League~Sympto-Thermal	www.ccli.org
April 9	Our Lady of Grace, Edina	Twin Cities FertilityCare~Creighton Method	www.tcnfp.org
April 13	Our Lady of Grace, Edina	Twin Cities FertilityCare~Creighton Method	www.tcnfp.org
April 15	St. Nicholas Catholic Church	Twin Cities FertilityCare~Creighton Method	www.tcnfp.org
April 16	Guiding Star Wakota, W. St. Paul	FEMM Method~Sympto Hormonal	karen@wakota.org
April 20	Online	Integrated FertilityCare Center~Creighton	www.integratedfertilitycare.com/appointments
April 20	Live & Online	Couple to Couple League~Sympto-Thermal	www.ccli.org
April 27	Guiding Star Wakota, West St. Paul	Twin Cities FertilityCare~Creighton Method	www.tcnfp.org
April 29	Online	Integrated FertilityCare Center~Creighton	www.integratedfertilitycare.com/appointments
May 5	Live & Online	Couple to Couple League~Sympto-Thermal	www.ccli.org
May 7	St. Michael, St. Michael	Billings Ovulation Method ~ Ovulation	320.248.5892
May 11	Live & Online	Couple to Couple League~Sympto-Thermal	www.ccli.org
May 13	Online	Integrated FertilityCare Center~Creighton	www.integratedfertilitycare.com/appointments
May 13	St. Nicholas Catholic Church	Twin Cities FertilityCare~Creighton Method	www.tcnfp.org
May 15	V irtual	Twin Cities FertilityCare~Creighton Method	www.tcnfp.org
May 18	Online	Integrated FertilityCare Center~Creighton	www.integratedfertilitycare.com/appointments
May 18	Live & Online	Couple to Couple League~Sympto-Thermal	www.ccli.org
June 2	Live & Online	Couple to Couple League~Sympto-Thermal	www.ccli.org
June 4	St. Michael, St. Michael	Billings Ovulation Method ~ Ovulation	320.248.5892
June 8	Live & Online	Couple to Couple League~Sympto-Thermal	www.ccli.org
June 8	Online	Integrated FertilityCare Center~Creighton	www.integratedfertilitycare.com/appointments
June 11	Guiding Star Wakota, W. St. Paul	FEMM Method~Sympto Hormonal	<u>karen@wakota.org</u>
June 14	Live & Online	Couple to Couple League~Sympto-Thermal	www.ccli.org
June 15	Live & Online	Couple to Couple League~Sympto-Thermal	www.ccli.org
June 17	Online	Integrated FertilityCare Center~Creighton	www.integratedfertilitycare.com/appointments
June 17	St. Nicholas Catholic Church	Twin Cities FertilityCare~Creighton Method	www.tcnfp.org
June 22	Guiding Star Wakota, West St. Paul	Twin Cities FertilityCare~Creighton Method	www.tcnfp.org

PLEASE NOTE:

Most of the above classes are "Introductory Classes". If you are seeking a class as a Marriage Preparation requirement, please check with your pastor to see if you are required to complete a full course schedule or just an introductory session. Then confirm what class is offered with the provider directly or click on the registration link for additional details on each class listing.

LATINO PROVIDERS (classes available in Spanish):

Couple to Couple League (CCL) planificacionfamiliar.net, 800.745.8252 CCL Local Latino Instructors:

Jose & Veronica Condor, 651.283.1408, jose.condor@mmm.com Xavier & Alejandra Martinez, 952.856.2945, juniodel68@hotmail.com

Family of the Americas: Viviana & Adrian Sotro, 612.392.2421, vsotro@ss-mpls.org

Creighton Method (Integrated FertilityCare Center): Cecilia Cook, 612.460.0284, ccookifc@protonmail.com

NFP ONLY PHYSCIANS:

AALFA FAMIY CLINIC | 4465 White Bear Pkwy, White Bear Lake, MN 55110 | 651.653.0062 **Allina Health** | Dr. Amy Fisher, DO | Eagan, MN | 651.241.7733 | www.allinahealth.org **One More Soul:** www.onemoresoul.com/nfp-directory

ARCHDIOCESAN RESOURCES:

Current NFP class schedules and information on the various types of NFP methods in greater detail are available on-line at: www.archspm.org/family under Natural Family Planning or call the Archdiocese of Saint Paul & Minneapolis 651.291.4489. For additional information visit the United States Conference of Catholic Bishops website at: www.usccb.org.