



NATURAL FAMILY PLANNING

A G I F T T O B E T R E A S U R E D

2024 Quarterly Class Schedule

PLEASE NOTE:

LATINO PROVIDERS (classes available in Spanish):

Couple to Couple League (CCL) planificacionfamiliar.net, 800.745.8252

CCL Local Latino Instructors:

Jose & Veronica Condor, 651.283.1408, jose.condor@mmm.com

Xavier & Alejandra Martinez, 952.856.2945, juniodel68@hotmail.com

Family of the Americas: Viviana & Adrian Sotro, 612.392.2421, vsotro@ss-mpls.org

Creighton Method (Integrated FertilityCare Center): Cecilia Cook, 612.460.0284, ccookifc@protonmail.com

NFP ONLY PHYSICIANS:

AALFA FAMILY CLINIC | 4465 White Bear Pkwy, White Bear Lake, MN 55110 | 651.653.0062

Allina Health | Dr. Amy Fisher, DO | Eagan, MN | 651.241.7733 | www.allinahealth.org

One More Soul: www.onemoresoul.com/nfp-directory

ARCHDIOCESAN RESOURCES:

Current NFP class schedules and information on the various types of NFP methods in greater detail are available on-line at: www.archspm.org/family under Natural Family Planning or call the Archdiocese of Saint Paul & Minneapolis 651.291.4489. For additional information visit the United States Conference of Catholic Bishops website at: www.usccb.org.