GATHERING 1: INTRODUCING THE FAITH PLAN
IDEAS PAGE

General Ideas
• Ask and pray to Holy Spirit to guide this process [daily].
• If you are including children in the faith plan, be sure to engage them in the conversations about it.
• Post the faith plan in a prominent location in your home.
• Get stickers and make a chart to record progress.
• Find the right environment for intentionality when talking/praying things through.
• Have your discussions over a family meal.
• Light a prayer candle.
• Don’t be afraid to meet via technology if you are doing this with friends.
• Set a reward structure to create an incentive/celebrate successes with food or treats.

Accountability Ideas
• Invite a relative, neighbor or friend, especially in your same state of life (married, single…), to journey with you/do the Synod at Home in parallel and be mutually accountable.
• Include your progress in check-in discussions of any small group of which you are a part.
• If you have a child in a Catholic school, invite your fellow parents in your child’s classroom to do Synod at Home too and keep each other updated.